

Grade 3

Barre-

circular port de bras

Rises in each positions

Jete- front, back

Battement pique en croix

Rond de jambe jete- 90 degrees

4th lung-port de bras forward and back

Balance in retire devant

Fondus with rise- 90 degrees

Rond de jambe en l'air and on rise- 90 degrees

Double frappe side

Petit battement serre fully pointed foot

Promenade attitude derriere to other side

Center

Port de bras forward and back from 4th lung

Rotation and fouetté à terre

Double Pirouettes en dehors and en dedan from 4th

Releve devant into pirouettes from 5th

Tombe pas de bourre double 4th pirouette

Pirouette en dedan w/fouette movement

Detourne

Pose into arabesque 90 degrees

Promenade in attitude en dedan, extend into arabesque hold

From arabesque bring retire and developpe devant

From leg devant (high), plie and fouette to face back corner en l'air

Temp de cuisse

Brise

Trois

Cinq

Failli, assemble over

Sissone doublee

Assemble en avant

Assemble derriere

Coupe fouette racorisa saute

Tour jete with leg holding arabesque